



# Compliance Update

DECEMBER 2007

## UNOFFICIAL VISITS AND MEALS

During a prospect's unofficial visit it is permissible for head and assistant coaches to eat a meal with the prospect at an off-campus location, provided the following:

- The prospect pays for his/her own meal.
- The meal takes place during a permissible contact period.
- The prospect is of contactable age.
- The limit on the number of permissible off-campus recruiters is not exceeded.
- The contact counts against the permissible recruiting opportunities.

## NCAA ELIGIBILITY CENTER UPDATE

The NCAA Eligibility Center has established a listserv geared towards high school guidance counselors, coaches and advisors. Your high school contacts can sign up for the listserv by sending an e-mail to [ec-clientrelations@ncaa.org](mailto:ec-clientrelations@ncaa.org).

## COUNTABLE ATHLETICALLY RELATED ACTIVITIES REMINDER - FINAL EXAM PERIOD

For all sports (other than football) that are out-of-season (e.g., 8-hour weeks) during the time surrounding the fall exam period, all countable athletically related activities (e.g., practice, film, meetings, skill instruction, weight training and conditioning) are prohibited one week prior to the beginning of the final exam period through the conclusion of each student-athlete's final exams. This prohibition applies regardless of whether a student-athlete requests instruction. Please note that the week prior to final exams begins Monday, December 3, 2007.

## VACATION PERIODS AND MEALS

It is permissible to provide student-athletes three meals per day during a vacation period in which they are required to remain on campus for practice and competition. Student-athletes may receive cash in lieu of a meal during a vacation period. Per diem rates for East Lansing are as follows: breakfast \$7, lunch \$11 and dinner \$21. In addition to the three meals per day, student-athletes may receive an additional meal during each day of the vacation period. It is NOT permissible to provide cash to student-athletes in lieu of the additional meal.

## HOLIDAY GREETING CARDS

As the holiday season approaches please note that the only permissible cards a coach may send to a prospect are institutional note cards and blank postcards issued by the U.S. Postal Service. Institutional note cards may not exceed 8 1/2 by 11 inches when opened in full. Note cards may only contain the institution's name and institutional logo or an athletics logo on the outside and may not contain any preprinted information (e.g., greetings, words, pictures) on the inside. Traditional holiday cards are not permissible. Please note this legislation applies not only to prospects, but to coaches of prospects and any other individual responsible for teaching or directing an activity in which a prospect is involved.

## RECRUITING CALENDAR

### BASEBALL

Quiet Period: Dec. 1-31

### MEN'S BASKETBALL

Evaluation Period: Dec. 1-23, 27-31

Dead Period: Dec. 24-26

### WOMEN'S BASKETBALL

Evaluation Period: Dec. 1-23, 27-31

Dead Period: Dec. 24-26

### CROSS COUNTRY/ TRACK & FIELD

Contact/Eval. Period: Dec. 1-9

Quiet Period: Dec. 10-15, 20-31

Dead Period: Dec. 16-19

### FOOTBALL

Contact Period: Dec. 1-15

Quiet Period: Dec. 16

Dead Period: Dec. 17-31

### SOFTBALL

Dead Period: Dec. 1

Quiet Period: Dec. 2-31

### VOLLEYBALL

Contact/Eval. Period: Dec. 1-2

Quiet Period: Dec. 3-11

Dead Period: Dec. 12-31

## DEAD PERIOD REMINDER

During the month of December several sports have dead periods (men's basketball, women's basketball, football, softball, track & field/cross country and volleyball). Prospects may not receive complimentary admissions to MSU athletics events during dead periods. It is permissible for a prospect to travel to campus for an official visit during a dead period; however, the prospect may not begin his/her visit until the dead period is over.